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World Civ 1 Film Response Assignment
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The events that led Siddhartha to leave the palace & seek answers to the pain of existence because he wasn't content even though he was told by his people that he was handsome. He then went on a pilgrimage to a ton of places.

The challenges he faced in his quest were leaving his family behind that he loved dearly, also facing his beloved friend Govinda who he feared would slow him down. Another challenge he faced was his son running away, they say his son was the only person he loved.

The middle way is also known as the noble eighth path which stays away from the ultimate safe way to go through physical pleasures and self mortification. Essentially this was the way of life that practiced abstinence.

I believe this is a pathway to practice & show mindfulness many follow all around the world because it is efficient & effective. I also believe that it is an appropriate tradition there are very few that actually can be practiced this is a very respectable way of living.