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MFT 603B: Individual and Family Development

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Chapter Presentation: Week 7

1. Chapter 10 of “Journey Across the Life Span” by F.A. Davis talks about puberty and adolescence. A point I found interesting was how our intestines grow during this time period and therefore so does our appetites. I grew up hearing how teenagers eat everything in the house especially if they are active but hearing the biological component makes references make sense.

2. Another point I found interesting in chapter 10 of this book was the increase of STIs during this age and the form of prevention is information. I believe this is partially due to the child’s curiosity and possibly their desire of wanting to explore their bodies but not receiving the proper education at school and at home about diseases and unwanted pregnancies.

3. Lastly, I found it interesting how chapter 10 also has a small section dedicated to teenage rape. I find it shocking that this number is in fact increasing and the offenders are teens themselves. I believe this has to do with desensitization due to movies and video games and also the lack of impulse control. Teenagers are still developing and do not fully comprehend the consequences to their actions. They also desire to emulate what they see on TV and social media. Respect for partners need to be instilled in the younger population at home but also in schools.