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Spiritual Formation
06/03/2023

Spiritual Growth Plan

In the next 3 ½ years I definitely plan to change old habits that I've adapted to in the past, as I got too comfortable with staying at one place and not putting my focus on growing in all areas of my life.

First of all there's a lot I have to work on emotionally, because it has been rough for the past few months. I fell into a whole emotional rollercoaster of confusion that could have all been avoided, if I would have stayed obedient to what God revealed to me through a prophetic word prior. My goal in this area of my life is to be strong enough to say "No" to certain things and guard my heart at all times. I have enough knowledge and wisdom that was given by God and also written in His word to give all my emotions, frustrations, burden, sinful desires and hurt to Him. *Matthew 11:28-30 Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.*

For my yoke is easy, and my burden is light.

Secondly, I've been an introvert for many years and feel uncomfortable when I'm around a lot of people that I don't know. I'd never be the person to walk up to someone and start conversations.

I'm quick to listen and slow to speak as scripture says in *James 1:19*. I would describe myself as selectively social, but not necessarily "shy" as people like to label me. I'm working on myself to break out of my comfort zone and be bold to interact with anyone I feel led to.

The most important area for me to grow is definitely spiritually. Ever since I moved out here to New York from Germany (from living all my life in my parents house to now being independent and to myself in a different country, culture and environment), I feel like my stability in Christ has been challenging and shaky. I have to be more in the Word, in God's presence - my secret place and allow my spiritual dad to have access to my life and hold me accountable and receive discipline to help me grow and walk in God's will, instead of me trying to hide my struggles.

Lastly, I have to make sure to intellectually keep up my grades, even when that means that I have to cut off fun with my friends and actually use my long breaks to memorize my music for recitals and my jury that I have to perform at the end of the semester, since I'm a music major.