

# READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

Student

Name: Michelle Adu-Asah

With integrity, I have read this book (circle one): Thoroughly and Entirely (100%)

Quickly but Completely—100%

Thoroughly but NOT Entirely—\_\_\_\_\_ %

Quickly and NOT Completely—\_\_\_\_\_ %

Not at all

Signed: M. Adu-Asah

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

Chapter 4 took me seriously apart I was able to relate so much to the brokenness mentioned, because that's literally what I'm currently going through in my personal life. Feeling condemnation and being angry at myself.  
(page # 94 / 88)

Broken Spirit God will not despise  
Psalm 22:3-5  
keeping secrets is not healthy — has to be spoken out so that we can receive our healing (come clean and be honest before God)  
- Why does love hurt?  
↳ it comes w/ sacrifice  
- facing the truth is hard sometimes  
↳ hiding shame under covers to totally exposed and vulnerable  
God says there's nothing you could ever do that he will love you less (There's nothing that can separate us from the love of God)

2). Where did you agree most with the author? Disagree most?

I agree most that "community provides a safe space", because there are some things in this walk with Christ, where you truly need support from others to grow spiritually. (Page # 76)  
I disagree with everyone putting on "a mask" in life, because I don't believe that once you come to Christ, that you continue living your false-self, but your eyes are open and accept how God views you.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

God is not looking for people who are perfect, because we live in a fallen world filled with sin, where good is bad and bad is good as it's mentioned in scripture Isaiah 5:20, "Woe unto them that call evil good, and evil good; that put darkness for light for darkness; that put bitter for sweet, and sweet for bitter!"

He can use anyone to glorify His kingdom, for instance King David was a man after Gods heart, but took someones wife and killed her husband. Moses had a speech impediment, but spoke to God's people. Rahab was a prostitute.

My testimony will give God glory and be an encouragement to others.