

REFLECTION ON NYACK COLLEGE'S CONCEPTUAL FRAMEWORK

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Reflection paper on Nyack College Conceptual Framework

After reading through Nyack College's conceptual Framework, I see that it contains all aspects of the Nursing profession. A conceptual framework is like a guideline that if followed by Nurses will help them meet their goals which are, "to help others in the performance of activities contributing to health that they would do for themselves if they were able." (Henderson, 1966). This framework touches almost all areas of life which include, the word of God that strengthens us when we are weak, Faith that pushes us to do more even when we are discouraged, compassion that even when patients provoke nurses, they (nurses) still carry on with their optimal functions in caring for them. These points are like a universal guideline for Nurses to respect whoever is in their care, be it religion, cultural differences, beliefs, lifestyles, and so many others. For two people to work together, there must be an understanding. If I am a nurse, and I refuse to respect my patient's religion, expecting my patient to accept mine, then there will be a big problem.

To live a Godly life, it takes a lot to stand the heat that comes with it. Alliance University is a Christian College, and for their product to face real-life challenges, it is very important to infuse in the word of God. When you put God first in everything you do, it will be very difficult to get yourself into trouble. The word of God will hold you down rather than flare up when you are provoked. As a Christian nurse, you will understand others easily, and why they act the way they do sometimes.

“God is human.” Therefore the Bible made us understand that God created us in his own image, and the same bible says, "Do unto others as you would have them do unto you" this is a biblical concept spoken by Jesus in Luke 6:31 and Matthew 7:12; it is commonly referred to as the "Golden Rule." "So, in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets" (Matthew 7:12). This is the reason, as a Nurse, we have to take the joy in doing all we can to make others happy. Sometimes it is very difficult to take such humiliation especially when we think we have given all we got. Living with the words of God, He has a way of compensating us for our efforts, and also helping us to understand life even more.

They often say, “Health is wealth.” A lot of people may have grown to their old age without knowing the full meaning of health. Most people only know how important health is when they are ill. I believe when you are healthy, it enables us to do more and save more too. Illnesses not only drained the pocket but also limit the thinking faculty. It is also important as a Nurse to understand what our patients define as Health. Most people respect their Culture so much that any negative approach to it could curse illnesses to them. So, is important to respect them and their culture.

The environment we live in most often defines who we are. A lot of people have gone astray just because of where they found themselves. When you live in a comfortable environment, it shows all over you. So, a healthy environment plays a great role in our overall health. An unhealthy environment can stimulate bad behavior because they say, ‘birds of the same feathers flock together.’ People often say, if you want to be rich, mingle with the rich, the law of nature has its ways of influencing you with the same riches. Living in a dirty environment can as well bring down our immune system which may leave us vulnerable to infections and sickness.

Nyack's Conceptual framework focuses on Living a Godly life and working as a Christian Nurse in providing a comprehensive service to your patients. These two services will go in a way to give hope to sick persons and their families. As Christian Nurses, we are supposed to carry out our care plan a bit differently and better than the ways others do. This will make us stand out in the midst of other Nurses.

Nyack College Conceptual Framework Stresses Cultural differences. As we look different from the way God created us so are we culturally different in how we perceive and see things. As Christian Nurses, it is important to understand the cultural differences of others so we can work together in peace. These points listed here are not only for our patients, but they are also applicable to fellow nurses. Understanding and respecting others around us will create a peaceful atmosphere for all.

Christian nursing is focused on service to others. The conceptual framework defines Christian nursing values, with service being its hallmark. Nurses from the Christian nursing school are identified to be more focused on their service to humanity than their own pleasures and joys. The well-being of others gives them satisfaction, most especially seeing their patients recover from their illnesses. For Nurses to carry out their duties diligently, it is very important to train and educate nurses. The goals of nursing are attained by putting into practice the conceptual framework which also includes training and educative nurses in Nyack College to help the relevant individuals in the performance of duties and activities that help contribute well-being of other people.

Nursing interventions and other relevant concepts are considered with respect to the relieving of suffering, provision of holistic healing, and being present with compassion. These attributes of

Nyack Nurses showing extraordinary compassion and care are parts of training incubated in them during their school days.

Recommendation, one area I feel that is lacking in the Conceptual Framework is Communication. Communication is a vital and important key to opening the hearts of men. Friendly communication between professors and students, Nursing Instructors, senior Nurses, and junior Nurses are crucial. When people are given the opportunity to say their minds, it is then very easy to know what the problems are and this makes it easy to tackle the issue.

In conclusion, I agree with Nyack College Conceptual Framework because, from the saying, two shall become one. All these points illustrated in Nyack's Conceptual Framework go hand in hand. It is like a whole body, once you cut off one hand, the body is no longer complete. Concepts of Nursing are willingness to service, Godly living, and personal commitment that contribute to the effective development of professionalism in nursing. Christianity has done well even in the past in bringing out the best in Christian Nurses. As a Christian College, it has produced nurses who are open-minded, God-fearing, and people who are committed to their faith.