Maternity DYAD Concept Map

Patient Initials: NL

Admitting Diagnosis:

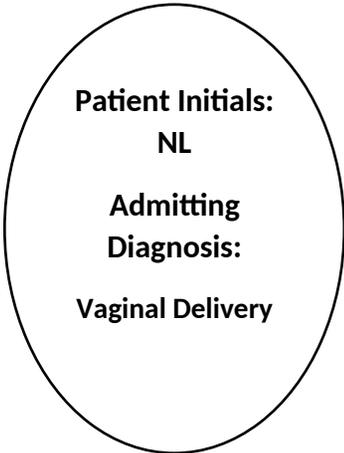**Vaginal Delivery**

Mother

P: Constipation
E: R/t pregnancy and decreased motility.
S: Last bowel movement 2 days ago, abdominal distention, stomach pain/cramping

Patient will verbalize understanding and education to improve bowel movements by the end of shift.

1. Educating patient on eating high fiber diet and explain what kind of foods are high in fiber.

2. Providing stool softener as ordered and explaining the indication for stool softeners.

3. Educating patient on ambulating and increasing activity as tolerated.

4. Educating patient to increase fluid intake to at least 2000 mL per day.

The goal was met and the patient was able to verbalize education understanding by the end of shift.

Newborn

P: Risk for aspiration
E: R/t weak suckle

Parents will verbalize understanding of education and patient will not aspirate during shift.

1. Educate parents to keep newborn head elevated while feeding.

2. Provide bulb syringe suction if necessary.

3. Educate parents on feeding newborn when she is awake and alert.

4. Monitor for gasping/sputtering/cyanosis during feedings

The goal was met, and the parents were able to verbalize understanding of education and newborn did not aspirate during feedings.

Mother

P: Deficient Knowledge: Breastfeeding

E: R/t lack of motivation to breast feed and lack of understanding of information.

S: Patient has not attempted to breastfeed, patient claims to have no milk, patient last bottle feeding 4 hours prior to assessment

The patient will be able to verbalize proper instructions for breastfeeding by the end of shift.

1. Evaluate patients' current knowledge and education about breastfeeding.

2. Demonstrate and aid with breastfeeding positions such as cradle hold, football hold, and side-lying position.

3. Educate on placing the newborn on the breast every 2-3 hours to stimulate milk production

4. Educate and demonstrate proper latching and removal techniques.

The goal was not met, and patient was not able to verbalize or demonstrate proper breastfeeding education and instruction.