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Today clinical was not in Nyack Hospital but the prenatal clinic. I didn't have a particular patient but was given the opportunity to see the prepping before labor and delivery. I learned about the glucose test one hour versus three hours. I was also given the opportunity to work with nurse Laurie and Sarah who showed me all the different screens that are done from drugs to genetic testing.

Nurse Laurie showed me the process of new patient. The location of the clinic is closest to Spring Valley which have a lot of migrants from Ecuador and Guatemala. The intake team evaluates the patient help her apply to Medicaid as well as set up to receive WIC, which is a program set up to provide nutrition for expectant mother and baby up to the age of 5 yrs. This was shocking I had no idea the state offered programs like this and it was good to know the resources available for low income families.

There was a patient who was pregnant at 14yrs old the father of the unborn baby was 23yrs, I was unaware that such cases needed to be reported to the state and the police are involve. Another shocker was the amount of patient chlamydia positive, including over a dozen of repeated cases. Nurse Laurie completed all the forms needed to be reported to the state. Many of the cases were repeated due to lack of medication literacy, medication for chlamydia treatment is sent in two doses one for the patient and one for there partner. However, some pharmacy was only giving the patient one dose therefore not completing the full series. The skills I hope to have as I become a nurse is to be as compassionate as nurse Laurie and Sarah.

“For the needy shall not always be forgotten, and the hope of the poor shall not perish forever” **Psalm 9:18**. I chose this particular bible reference because it reflected on all the patients

I interacted with during my time in the prenatal clinic. So many women were from another country leaving their homeland coming to the unknown, working odd jobs just to survive and the importance for the WIC program to help the needy especially a pregnant woman who doesn't know when her next meal will be.