

Critical Assessment Form

List the 8 books (3 required, 5 chosen) and/or any handouts, articles, blogs, videos you've read/watched:

1. A Creative Minority
2. Difficult Conversations
3. The Road Trip
4. The Power of Mentoring
5. Healing for Damaged Emotions
6. Designing Your Life
7. Saving Your Marriage Before it Starts
8. Fault Lines

1) Why were these chosen?

I choose these books 1. Because of their titles and 2. They caught my attention based on my experience in my own life generally and within my family. The chosen five books were very much and realistic to me in my circumstance.

2) What was challenging? What was the most helpful? What was not helpful?

The most challenging for me was "Difficult Conversations." And the most helpful was "Designing Your Life". However, all the books were very informative, insightful, inspiring, and profound. I love "A Creative Minority." These book are like for me answers to prayer.

3) How have the readings continued to develop your approach to working with people? Were there any paradigm shifts for you? If so, what?

The readings of these books has caused me to see the reasons why I think sometimes the way I do and as a result my actions that resulted from it. I choose to be intentional about speaking up straight to people and stop having these conversations in my head about what I should have said or should not have said. My whole thought patterns will be Reframed as I seek to design a new and right path in working with people. The paradigm shift for me: Reframe my thought process in working with people.

4) How will the readings be applied to your personal and professional life?

I will intentionally apply this especially in my personal and work relationships, moving forward I will communicate in an open manner not from my feelings but via a learned stance.