

Tonia Elvis Scott

3/4/2023

Start : 10: 35 AM

End : 10: 50 AM

When I think of the word self-conscience or embarrassment two things came to mind, the bald spot on my head and the mass on my upper back. One day a few years ago I went to the Hair Salon for my routine relaxed/ perm done on my hair and sthe hiar dresser we call them in my country told me she noticed a small bald spot on mu scalp and she noticed the same with another customer so since then I started taking my own comb and rollers to the salon. As the years go by the spot got bigger I was like oh no! please Lord let my hair grow back,. Anyway, I migrated then one day when I visited my Primary Care Physician, I told her about it I got a referral and went to see the dermatologist who tried to treat it, they were no changes and never got a diagnosois but no changes. I prayed and ask Jehovah Rapha that whatever is causing my hair to fall be repaired still no changes.I stopped going to the hairdresser at the salon but started going to my friend's home who is a stylist so one person alone will see my baldness. But every time I go she will always have something to say then one day I said Lord please don't let her tell me anything about my head and she still would say something or recommend something that dont work. So I dont frequent her. If family members see they would say what happen I would feel embarrassed so to avoid embarassment I would always have my head covered either with wigs or head scarf or hats even in my home. Sometimes it makes me sad but I would thank the Lord for my hair growth even though I dont see any hair.

With regards to the lump on my back, one day after showering I was admiring myself in

the mirror thanking God that I was fearfully and wonderfully made only to see this mass appear on my back which made me sad. So I didn't want to wear strap tops. or tank tops or anything that will expose it. 2 years later after I asked my Primary Care Doctor if anything can be done? she referred me to the surgeon at a hospital and I'm happy to say that the necessary paper work was done and I had the mass removed ready for summer next year the Lord's will.