

Alliance University
Cheryl Phenicie School of Nursing
NURSING CARE PLAN DRAFT (POST-PARTUM)

Student's Name: Shanique Spence

Nursing Diagnosis: ~~Deficient knowledge of proper breastfeeding techniques~~

P- Ineffective Breastfeeding

E- related to deficient knowledge of poor latching of infant

S- as evidenced by the complaint of pain or nipple soreness., 3 S/S

Patient's Initials:

Date 02/03/23

Admitting Diagnosis: Vaginal Birth

Expected Outcomes	Nursing Interventions	Rationales	Evaluations
<p>The mother will implement two techniques to improve breastfeeding by the end of the shift.</p>	<ol style="list-style-type: none"> 1. Assess the mother's knowledge <u>this was done prior</u> 2. Perform a physical assessment of the breasts <u>this was done prior</u> 3. Provide 1:1 support 4. Teach to recognize cues from newborn <u>what cues</u> 5. Teach the mother how to massage nipples using some of her breast milk <u>incorrect</u> 6. Coordinate with the lactation consultant. <p><u>What other interventions</u></p>	<ol style="list-style-type: none"> 1. Assessing the mother's knowledge will let us know what to focus on when educating. 2. Performing a physical assessment will let us know if there is engorgement of the breast that is causing the problem. 3. Allowing 1:1 time will give the mother emotional support and time to practice. 4. Recognizing cues for timely feeding promotes a better experience for mom and baby 5. Massaging the nipple area with breast milk will ease any irritation or soreness in the area. 6. Lactation consultant can instruct on breastfeeding positions, feeding schedules, and other methods that will cause mom less pain. 	<p>Goal Met</p> <p>After demonstrating to the mother how to massage her nipples with her breast milk. She reported less irritation to the nipples after the second feeding with the baby.</p> <p><u>Not reflective of EO</u></p> <p><u>Timeframe</u></p>