Alliance University
Cheryl Phenicie School of Nursing
NURSING CARE PLAN

Student's Name: Jennifer Diggs
Nursing Diagnosis:
P Ineffective breastfeeding
E r/t knowledge deficit
S a/e/b insufficient emptying of breast milk when pumping, complaints of pain and observed difficulty while attempting to breastfeed.

Patient's Initials: H.R.V.
Date: 2/24/2023
Admitting Diagnosis:

Expected Outcomes	Nursing Interventions	Rationales	Evaluations
The mother will demonstrate two techniques to improve breastfeeding within 6 hours.	1. Demonstrate proper technique on correct positioning and attachment to the patient. 2. Advise mother to empty her breasts every 2-3 hrs by pumping or placing baby on the breast. 3. Explain the importance of switching breasts during feeding to have proper emptying of both breasts. 4. Teach the patient in recognizing the signs and symptoms of infection. 5. Educate the mother how to massage and apply warm compresses for comfort 6. Coordinate with the lactation specialist.	1. To ensure the baby receives adequate nutrition. 2. This optimizes milk production and prevents the clogging of ducts. 3. This will prevent unilateral engorgement. 4. Recognizing these symptoms early makes it easier to address the issue as it arises. 5. Massages and warm compresses can reduce pain caused by clogged ducts. 6. Additional education will clarify further questions or concerns.	Goal met. After 4 hrs, the mother demonstrated proper positioning and attachment during 2 feeding sessions, while switching breasts to optimize emptying of both breasts.

Reference
Students must use black ink.
Reference Citation- subtract 10 points if students do not include reference citation and

Subtract appropriate points if not cited correctly
Subtract 1 point for each spelling and grammatical error.