

## Critical Assessment Form

List the 8 books (3 required, 5 chosen) and/or any handouts, articles, blogs, videos you've read/watched:

1. Designing Your Life: How to Build a Well-Lived, Joyful Life
2. The Road Trip That Changed The World: The Unlikely Theory that will Change How You View Culture, the Church, and, Most Importantly, Yourself
3. Difficult Conversations: How to Discuss What Matters Most
4. **Seven Principles for Making Marriage Work**
5. **Shepherding Women in Pain**
6. **Saving Your Marriage Before It Starts**
  
7. **Soul Care**
  
8. **What to Say When You Don't Know What to Say: In Times of Grief, Heartache & Crisis**

**1) Why were these chosen?**

My desire is to have tools in my arsenal that will teach me and those who will work alongside me, how to effectively minister to those I will come in contact with. My current ministry context is women who have or are going through heartbreak and divorce, as well as couples. I want to expand my couples counseling library so they will have resources as well.

**2) What was challenging? What was the most helpful? What was not helpful?**

What was most challenging was learning how to correctly help those going through grief and hardship. I had to unlearn what I've been accustomed to doing based on what I was taught and what I experienced through my own grief.

**3) How have the readings continued to develop your approach to working with people? Were there any paradigm shifts for you? If so, what?**

The readings have provided a wealth of information on how to work with someone with just about any issue one could have. These approaches may not always be found in a Christian setting (i.e. homosexuality) so I'm glad I have these resources available and at my disposal.

**4) How will the readings be applied to your personal and professional life?**

As stated prior, these readings will be added to my library and be used as tools professionally as well as personally. Although it could take me some time to get well acquainted with a lot of the readings, I am confident I am at a great starting point for wherever the Lord takes me in ministry.