

Marriage Enrichment Paper

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The focus of this weekend marriage enrichment retreat is to provide a safe and supportive environment for couples to strengthen their relationship and deepen their connection with one another. The retreat aims to help couples improve their communication skills, build intimacy, and renew their commitment to one another. In addition, couples will learn about the various sacrifices they may need to make in their marriage. The ultimate goal of this retreat is to help couples create a strong and lasting marriage that is fulfilling and satisfying for both partners and God as the center of their marriage. The success of the retreat will be measured by the feedback provided by the couples. Specifically, couples will be asked to fill out an evaluation form at the end of the retreat to assess their satisfaction with the retreat and whether they feel they have gained any new skills or insights into their relationship.

The event will take place at Tuscarora Inn & Conference Center in Pennsylvania and will focus on the Bible as the core of our belief. The location has been carefully selected to create a calm and peaceful environment that encourages couples to connect with nature and reflect on their relationship with God and their partner. At the beginning of each group session, the couples will begin with a short prayer to help them connect with God. The retreat is scheduled over a weekend to give couples a chance to disconnect from the stresses of daily life and focus solely on their relationship. The schedule is designed to balance group sessions, couple activities, group fun activities, and free time to provide a well-rounded experience that addresses both the practical and emotional aspects of a healthy marriage.

Day 1

5:00 pm Check in

6:00 pm Dinner

7-8:30 pm Welcome & Introduction:

Welcome couples to the retreat and celebrate them for being there. Besides that, instruction will be given to the whole group such as schedule time, activities, assignment, free time, ect. In addition, this time the couples can share what they are expecting on this retreat, they will be asked why they decided to join this retreat.

8:30-9:30pm Activity time: **Dancing with my love**

In this romantic activity couples will be invited to dance so that they can connect with each other. They will be asked to contemplate their spouse and enjoy the moment. Words of expression will be encouraged and physical touch.

10:00 pm Ending of day one

Day 2

8:00 am Breakfast

9:00 am **Renewing your commitment in your marriage**

11:00 am Assignment: Each couple will be asked to make a list of the things they stop doing in their marriage. This assignment will help couples to remember why it is important to keep commitment to their marriage.

Lunch: 12pm

1:00- 3pm PM Activity: Walking together

Couples will go for a walk near the river to socialize with other couples and share time in nature. After they return for a walk they will reflect on their time together. What does it mean to them to walk together? What does it mean in marriage?

3:00 - 4:30: Mision time

Husbands will be asked to go to the nearest store to prepare a romantic night for their wives.

They will use their imagination to make the night special for their wives. For example: they can get flowers, candles, etc. Wives will be asked to go to the nearest store to prepare a romantic night for their husbands. They will use their imagination to make the night special for their husband. For example they can buy lingerie, oil for massages, etc. Instructions will be given separately so that spouses do not know about the plan.

Free time: 4:30-6pm

6:00 pm Dinner time

7:00 pm Sacrifices in Marriage Part 1

9:00 pm Execute Mision: **A romantic night for your spouse**

Day 3

8:00 am Breakfast

9:00 am Sharing comments: Couples will share how their night was romantic.

10:00 am Sacrifices in Marriage Parte 2

11:00 Assignment: What sacrifices as a couple they need to make for the sake of their marriage.

12: Lunch

1:00 free time

2:00 pm Closing Remarks and Farewell:

In this time couples will share how this retreat impact their marriage. They will share comments about what they learned, enjoy, challenges, love, etc.

3:00 Prayer for couples.

4:00 pm check out.

In conclusion, a marriage retreat can be a powerful tool for couples who want to strengthen their relationship.relationship and address any issues that may be present. They provide a supportive environment for couples to learn and grow together, and can ultimately lead to a more fulfilling and satisfying marriage.