

CLINICAL OBSERVATION CASE REVIEW NOTES

Please fill in at least 5 of the following sections with 2-4 sentences for each section

1. THEORIES IDENTIFIED

Strategic

2. CLINICAL ASSESSMENT

EJ and Erica seem to struggle with communication and consistently repeat negative patterns. Erica refuses to forgive and projects her father onto EJ. EJ seems to deflect responsibility; seemingly to avoid the rejection he felt from his mother.

3. INTERVENTION STRATEGIES

Words of affirmation and beginning the session with stating something the couple is thankful for. Writing on the hand a one syllable word that creates contact and intimacy between the couple to create safety.

4. CLIENT STRENGTHS / CLINICAL GAINS

EJ states that he did the homework of the expectations being listed and is excited about sharing the homework which shows his desire to do the work to come to better communication.

5. CLIENT RESISTANCE

EJ seems to be unwilling to be responsible for his threats towards his wife. Erica seems unable to view her conduct as attacking and disturbing to the peace of EJ.

6. DIVERSITY ISSUES IDENTIFIED

7. SPIRITUALITY EMPLOYED IN THERAPY

Prayer at the beginning of the session.

8. ETHICAL ISSUES

9. THERAPIST USE OF SELF

Therapist used himself to represent being tired and making a simple mistake to communicate the need for forgiveness and also to relate to being tired and still working through things.

10. OBSERVERS EMOTIONS / REACTIVITY

11. SUGGESTIONS FOR NEXT SESSION

____Lawrence Felder_____ name

____2/27/2023__ date