

Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions

How did the scenario make you feel?

It made me nervous and I felt like I was not helping the patient fast enough

Scenario Analysis Questions*

PCC, EBP What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?

Abrupt onset, severe dyspnea, O2 level dropping and tachycardia.

PCC, EBP Discuss the differences between mild, moderate, and severe anaphylactic reactions. Symptoms of mild anaphylactic reactions include watery eyes, runny nose, skin itchiness and rash

For moderate, there is breathing difficulties, wheezing, and it is potentially life threatening. With severe, there's sudden drop of blood pressure, shock and cardiac arrest may occur

EBP/S Discuss the importance of follow-up assessments post-reaction.

It is crucial to closely monitor the vital signs of patient as well as breathing effort and pattern.

Report immediately if patient's condition is deteriorating even after giving epinephrine.

Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?

Patient education about the allergic reaction to ceftriaxone, other drug of choice for antibiotic therapy to treat the pneumonia

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.

I would ask the family members to step out side of the unit. Since it is a emergency situation, patient's safety is the priority

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?

I would stop the ceftriaxone much sooner. Also, I took too much of time assessing the patient after the allergic reaction started. I should have made a prompt assessment and call the provider for new orders and administer epinephrine

How could you prepare for clinical to anticipate potential patient emergencies?

Thoroughly review signs and symptoms of possible emergency situations. Monitor the patient closely if certain medications or interventions can possibly cause emergent situation. Be mindful of where emergency medications and cocart is located. Review and be mindful of each patient's DNR, DNI status

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*