

Adrianna Ramirez

Professor Lebo

NUR392C

February 25, 2023

Journal 4

This past week at clinical we were on the infant and toddler unit. This was very exciting because all of the kids were so little. My patient was a 2 year 6 month old female with chronic respiratory failure as her main diagnosis. My patient slept for a while, but when she woke up I was able to feed her and do my assessment. While my patient was sleeping I got to help with another patient who was only 4 months old with an adjusted age of less than 1 month. We were able to give her medications, feed her, and bathe her. My greatest challenge during this clinical was getting in to see my patient between her sleeping late and all of her therapies, but I was able to get in and do my assessment to gain a better understanding of her. I felt personal growth in the way I was able to approach my patients, I approached them with confidence and this made me more eager to interact with them. My greatest accomplishment during that clinical day was being able to interact with a patient's mother. We learn that consent and communication should go through the parents when working with pediatric patients, but this was the first time I had a parent in the room when I was working with a patient. Technically I think I handled myself well. Dealing with such a small infant I feel that I did this in the proper manner, being extra gentle and always supporting her head. As I stated earlier my communication skills were good, I felt that I was able to compose myself well with the parent in the room and communicate with her to make sure she felt involved in her daughter's care. I want to just continue to become more confident in my skills so that when I walk into a patient's room I have no doubt that I am doing the right

things. **Psalm 55:22** says, “Cast your burden upon the LORD and He will sustain you; He will never allow the righteous to be shaken.” I want to use this verse as a reminder that I should trust in the Lord and allow him to carry my fears, so that when I walk into a patient's room I have the confidence I need to care for them to the best of my ability.