

Priscilla Calzada

SWK246 – Interpersonal Communications Skills

Professor: Jean Carlton

February 28, 2023

Activities: 4.1, 4.2, and 4.6

4.1 Guarding Against Perceptual Errors

Identify each person. Describe your opinions.

Person A: Husband doesn't like wife's friend Joni.

Person B: Joni is wife's friend and apparently, she's boring.

1. Person A: Husband blames Joni for losing her job because she's annoying, but when he lost his job, he blamed the economy.

Person B: Joni lost her job, not sure of the reason.

2. Person A: Husband doesn't really like Joni even though he described good qualities about her.

Person B: Joni seems to be a really nice person based on what the husband described about her.

3. Person A: At this point husband seems really annoyed by Joni.

Person B: I feel that Joni is a good friend to the wife.

4. Person A: Husband just dislikes Joni

Person B: Joni has a habit of calling her friend during dinnertime with the husband. This could be annoying.

5. Person A: Husband is way too much into his head about Joni. He doesn't like her at all. And assumes that she will be aware of how he feels.

Person B: Joni doesn't know how the husband feels because he hasn't said anything. How will she know if it is not communicated?

Conclusions:

1. I feel that based on these observations sometimes we just know how people are truly feeling it if it is not communicated.
2. Reflecting on my observations I feel that the influences on perception are most apt to provide with inaccurate perceptions is when we don't communicate with the individual and just assume who they are, what they are thinking, or feeling.
3. What I can do in the future to guard against inaccurate perceptions of people is not assume and just have open communication. I must admit I tend to struggle with this at times and I have to feel confident in myself of being able to communicate freely with others.

4.2 Shifting Perspectives (Pillow Method)

Part 1: Brief Background Information

Over the Christmas holidays my car was wrecked my car insurance declared it total loss, which I'm no longer responsible of making any more payments, and I have no vehicle. My partner and I have been having disagreements on whether to get a new vehicle or buy a used vehicle. I feel like getting a new car because I feel that it's safe and we won't have to worry about it breaking down. My partner on the other hand feels like we should get a used car because he's tired of having to pay a monthly car payment. He feels that we can use the money for something else and with inflation and all the payments might be higher than what we were paying before.

Position 1: I feel that I'm right in getting a new car vehicle because I would feel more safe knowing that as I'm driving a new car with our daughters, I won't have to worry about it breaking down.

Position 2: My partner's view is that we won't have to worry about having to pay a car monthly payment. He feels that we can get the used car at an auto auction, fix it good enough to use it for

some time. The money that we would go into buying a new car and making monthly payments could go to something else.

Position 3: I understand that in having a used car I don't have to worry about having a car payment and the money can be used for something else, we can even put it into savings. In having a new does gives us the certainty of the car not breaking down, but we would have a monthly car payment that would possibly result in a higher payment due to inflation.

Position 4: Even though we have a difference in opinion of whether we buy a new a car or get a used car. Even though we are not agreeing on the topic it's doesn't affect our relationship in any way. We will figure out what is more convenient for us and our family.

Part 2 and 3: This section is required in class.

4.6 Perceptions

1. I feel that the factors that are most likely to influence Jorge perception in this situation is that he's going to feel that based on his sonority he should remain with his schedule. Marisa's influence perception is trying to convince or understand Jorge's feelings as to where he stands with his schedule at the facility.

2. I would say their differences can affect their perception in that they both don't come into an agreement and facing opposition on the matter.

3. Jorge possibly getting upset and telling her that he doesn't want to change his schedule being that he has sonority. Marisa finding herself in a tough situation with Jorge not wanting to come to an agreement with Marisa.

4. I would suggest for Marisa and Jorge to look at the strength and weaknesses of Jorge having to consider in giving the other nurses his schedule. Just find some common ground to come up with the solution in the other nurses being able to work Jorge's schedule.