

Journal #3- Group Facilitator

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The group facilitator introduced herself and welcomed the group at the door, which made the group feel welcome. She presented the topic in a manner that was easy for the group to understand why they were there for. As a group facilitator and/or presenter the person should walk around the room and perceive the atmosphere of the participants. Tonight's facilitator was able to walk around the room and perceive the room atmosphere. Our facilitator was able to maintain her composure while assessing the room, her tone of voice was professional and polite but at the same time firm. She kept calm and composed while listening to the participants introduce themselves and validated their feelings when they had something to say about why they were there or expressing they did not want to be in the group.

The facilitator easily redirected the group when some of the participants had words to say to each other and was able to engage in the discussion. She was flexible, allowing the participants to express themselves freely.

One mistake the facilitator made that I was able to observe was to walk away from the group to answer a phone call without excusing herself from the group.