

## Ayomide Adeyekun

### Journal 4

This past clinical was kind of different from the rest. I had a patient but she was discharged 4 hours after I got there. A good majority of the patients on the floor were either one of the precautions or they were just A/O x1 or 2, so there weren't many options for other patients I can be assigned to. So the nurse that I was basically working with, had me on all her patients, doing actions that I was able to, like taking all their vital signs, and watching her give meds and change feeding bags. I was also able for the first time to watch a wound care nurse take care of a patient's wound and it was very severe. The patient had a fungal infection that spread from her upper back to the gluteus maximus. Also the patient had an ulcer that was considered unstable. The ulcer was not getting any better according to the nurse so she said it was time to recommend having surgery come in and debride that ulcer of all the necrotic tissue. At first I thought when I saw an ulcer I would be very disgusted, but when I actually saw it I wasn't. I just felt bad for the patient that was very painful. So we watched her do what she could to treat the fungal infection. That patient I was assigned to, before she left, gave me a hand made card, and I actually felt very special, And happy that I was able to help her feel comfortable with me. Overall, it was very interesting clinical and I think I learned a lot. One bio-ethical issue that I did notice was that a lot of patients were done with breakfast for a while and their trays were still in their room, I was able to take like 4-5 trays out of rooms. "I lift up my eyes to the mountains- where does my help come from? My help comes from the Lord, the Maker of heaven and earth."(-Psalm 121:1-2) This quote is honestly just a reminder of the reason I'm able to overcome any obstacles in my path. Also that I should continue to have faith.