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College Writing

February 27th, 2023

The Memoir Essay

Sports have helped me get where I am now and we're definitely one of the nicest things that ever occurred to me. I have experienced some of the best and worst moments of my life through athletics in the most positive ways imaginable. I have played sports my entire life, and I believe that that is what made me the person I am today. I am confident that without sports, I would not be the person I am today. I currently play basketball, which is my favorite sport, but when I was a kid, football was something that was always there for me and something that I loved. I have made some of the closest friends I have today playing basketball and football, and I believe that we all get along well with one another because we all share a common background history.

Football was always my stronger sport growing up than basketball, but as I grew older, my passion for football began to decrease and in one of my last years of playing In order to play for my team, I had to play up an age group, along with everyone else on the team, because my team lacked enough players in my age group. It wasn't something I was used to, thus it made me less interested in playing, so I didn't like it as much. Why? Playing out of position and simply playing with more people in general were just a couple of the many things that came with it. I

began to play basketball more frequently and gravitate more towards that just because it was something I liked doing. The majority of my family is tall, and it runs in my family as well. Almost everyone plays or has played basketball, it is part of our culture. Not everyone from my town Poughkeepsie New York, is able to have the opportunities that I've had with basketball. At this time last year, I signed to play for the team formerly known as Nyack College Basketball, which is what made me who I am today. One of the finest things I gained out of all the time and effort I put into this sport was education and the chance to do what I think I do best.

To conclude everything off without sports I wouldn't be where I am today and it has made me closer to other people. Being a part of something like basketball takes my mind off of the bad things going on in life and creates peace.