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NUR 391- Clinical
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2/10/23

Alliance University
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NURSING CARE PLAN

Patient Initials: DL

Nursing Diagnosis: Risk for infection related to deficiency of neutrophils and immunoglobulins in the neonatal state.

Expected Outcomes	Interventions	Rationales	Evaluation
Mother will verbalize 3 infection prevention/risk reduction measures within 1 hour of teaching.	<ol style="list-style-type: none">1. Ensure strict compliance to hand hygiene.2. Educate parents on the adequate way to perform hand hygiene.3. Encourage mother to breastfeed the newborn every 2-3 hours.4. Monitor caregivers and visitors for existing illnesses.5. Provide education about infection control methods.6. Educate parents on S/S of infection in the newborn.	<ol style="list-style-type: none">1. Handwashing is the most effective way to prevent acquiring and spreading infections.2. Hand hygiene should be performed for a total of 20 seconds to ensure adequate bacterial decontamination.3. Breast milk is essential for building the newborn's immune system; it contains natural immunoglobulins that protect newborns from infections as they adjust to the extrauterine environment.4. Sick caregivers and/or guests should avoid contact with newborn to prevent the risk of transmission. Caregivers or visitors can wear masks in addition performing hand hygiene to further prevent transmission of bacteria or viruses.	Goal was met, mother was able to verbalize/demonstrate proper hand hygiene and breast-feeding technique. Mother was able to identify fever, irritability, refusing feeding and persistent crying as possible S/S of infection within 1 hour of teaching.

		<p>5. Methods such as limiting public outings during the first few weeks and vaccine recommendations help prevent the risk of infection.</p> <p>6. It is crucial for parents to know the S/S of infection in order to treat the infection promptly and prevent exacerbation which can be life threatening.</p>	
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Resources

Nettina, S. M. (2019). Pediatric Primary Care. In Lippincott manual of nursing practice (11th ed., pp. 3223-3224). Lippincott-Raven Publishers.

Silvestri, L. A., & CNE, A. E. (2019). Care of the Newborn. In Saunders comprehensive review for the NCLEX-RN examination (8th ed., pp. 810-826). Saunders.