

## Nursing Journal 2

My clinical rotation for this week took place in the neonatal ICU, most of the day was spent on receiving multiple preterm babies, some of which needed to be closely monitored due to jaundice while others were on antibiotic treatments or being closely monitored due to low birth weights. In the neonatal ICU we also received a 10lbs full-term baby that needed to be monitored and treated for hypoglycemia. The greatest challenge for me this week was keeping track of all the babies that would arrive on the unit. I found it challenging to work at such a fast pace, having to get report for the incoming patient in addition to receiving the baby and doing all the necessary assessments while providing care for the other babies.

This clinical rotation provided me with knowledge that elevated my understanding on multitasking and critical thinking with such a vulnerable population. Spiritual growth for this week was staying grounded in my faith which continues to push me through difficult and overwhelming moments. Professional growth was attained by effectively communicating with my precepting nurses and getting insight on how to be careful and work efficiently in the unit. I need to continue practicing how to properly handle newborn babies, I found it difficult to get some of them to burp efficiently. Communicating with my cohort, instructor and medical staff on the unit is always very beneficial for me because it gives me a better insight on how to navigate difficult tasks and get clarification on the topics for which I may lack knowledge. “For in Him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him.” –

Colossians 1:16. I chose this bible verse because it reminds me that my career is doing His work for my community, this gives me tremendous joy and purpose.