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Journal #1
Reflection

The first day of clinicals for me was exciting and nerve-racking at the same time. It was exciting because we finally started and nerve-racking because you now realized it was beginning. I already work in the medical field, so it was not as confusing, but I do not work in a hospital setting so it was nice to be in a different atmosphere where some of the equipment was different and the idea of teamwork was different as well as the patients being different. The one thing I can say is the same across the board would be how you care for your patients. You still must give your best and treat them how you would want someone who was a nurse to care for a family member of yours. What I realized right away was how much of the terminology that we are learning now is very much in affect in the hospitals for nurses. So that showed me how important foundations as a language for nurses is to learn. The RN that I had the privilege to follow was Ms. Almonte and she was extremely nice and was so willing to get us involved even though she had so many patients she needed to attend to at a time. We were able to just jump right in with what we were comfortable with. Also, I got to meet the PCA that was assigned to my patient as well, her name was Ms. Susan Aderonke. She was very helpful as well and answered any questions I had. I did not get to speak with my patient mostly because she wasn't alert an oriented. My had Alzheimer's and was sleeping for the most part. It was also nice to have an actual patient we could identify with what we learned in class. Everything just made sense because it was physically in front of you. For example, my patient was admitted for

dehydration and was on total care as well as needing to be repositioned every 2 hours.

Although the time is short for clinicals this semester and I did not get to do much, it was eventful nonetheless and I can wait for the things I will get to do and learn in the days ahead.