

Michelle Murray

February 21, 2023

### **JOURNAL # 1**

This week was officially my first week of Clinical and I worked on the Med Surg unit which is on the 8b floor of Lincoln Hospital in the Bronx, with RN, Ms. Dennis. The greatest challenge I faced was working in a hospital environment for the first time and not knowing what to expect. I was able to accomplish my assignment by attending to my assisted patient. The patient was on tube feeding, he was assigned to 1: 1, he had no facial distress, he was not attached to any oxygen. The patient bed was in a 45 to 60 degree angle position to prevent the patient from aspirating. The patient has altered mental status, he is incontinent and he's bedbound and needs assistance in changing. I assisted the nurse to change the patient, since observing the patient was wet. While changing the patient we observed that the patient had a bowel movement. I was able to observe the nurse putting on a condom catheter on the patient to prevent him from wetting the bed and to prevent him from developing a pressure ulcer. The patient has had stage 2 pressure ulcer, which is now healed. I was able to get the patient vital signs, I listened to the patient's lungs and heard wheezing and a coarse crackle, the patient is also at risk for fall therefore, he must be monitored at all times. While proceeding throughout my shift I was able to get more confident, while on the unit.

Philippians 4 vs 13 states, "I can do all things through Christ which strengthens me."