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## Clinical Journal 1

The greatest challenge on the clinical's first day was knowing my way around the premises. I met with my clinical instructor Ms. Hernandez who discussed what I needed to do after being assigned to the nurse Ms. Perez and my patient's name and room number. I was assigned to a male patient at Lincoln Hospital on the eight medical-surgical units. I was introduced to Nurse Perez, who worked a day shift on that floor. I sat down with Ms. Perez, who gave me detailed information about my patient.

I listened attentively to the information being given to me regarding the patient. I learned that Juan Trinidad was admitted to the hospital for fall aspiration precaution and small bowel obstruction and was treated by the doctor. The patient has pneumonia and is very weak, and he was to be monitored for skin integrity and change position every two hours. The memorable experience was a physical assessment when I assessed the patient's lungs with my stethoscope and found his breathing pattern was very shallow. "I can do all things through Christ which strengthened me (Philippians 4:13).

