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Last Tuesday, I had my first clinical experience. We met with our clinical instructor Vanessa Hernandez on the medical-surgical unit. When we met with our instructor, each one of us was assigned to a patient room and a nurse that would help us if we had any questions. We were also instructed to fill out the report sheet for clinical week 5 throughout our clinical shift. The primary challenge I faced was that since I was so nervous and shy, it was awkward to introduce myself and speak up. However, once I became comfortable or in other words adjusted, I was able to speak to the patient in his native language, which was Spanish. Once I became adjusted, I spoke to my clinical instructor and she guided me through the initial thought process of what I should be checking and looking for when I enter the room. I observed as she went through assessing the patient and any questions I asked would help me understand the reasoning as to why I was doing certain things. Additionally, I was able to see certain procedures get done that consist of placing a condom catheter, cleaning up a patient who is bed-bound, and I was able to see how the nurse flushed the IV lines. Furthermore, I think that I learned a lot throughout my first clinical experience. I recognize the areas I need to improve and work on which consist of being more confident, remembering the initial steps when entering a patient's room, and not being afraid to ask any questions or discuss any concerns with those around me that are there to guide me. One verse from the scripture that helped me this week in clinicals is “So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand” Isaiah 41:10. This bible verse encourages me to be confident and have no fear because the one that has placed me on this journey will help and carry methrough.