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Clinical Journal: Week 5

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### Journal Five

For this week's journal, I want to express how long it felt to be there for 8 hours but also how fun and how a day full of learning it was. I met professor Hernandez and my other fellow nursing students on unit 8b in the dayroom and we begin the day by being assigned patients and to get on the unit and start going around to figure out who the nurses were and who our patients are. As for me, my greatest challenge was being rejected by my patient the first two tries, since it was early and they were asleep. The day did progress very well, as I did multiple activities and other things required to get to get to understand that nursing is hands on. I did help the nurse with discharging patients, scanning medications, changing patients' bed, giving a bed bath to a patient, took vitals signs on two patients and the nurse also showed me the different IV drip pump that they use at Lincoln Medical Center. I also assisted in feeding a patient and learned how the glucometer works and how to use it. once I took a break, I immediately began jotting down my notes and remembered that the word says in James 5:14-15 *14 "Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. 15 And the prayer offered in faith will make the sick person well; the Lord will raise them up".* Which made me reflect on the patients at the hospital and why I put myself through nursing for a good reason. Overall, my biggest accomplishment was overcoming the fear of not knowing what I was doing but by moving forward anyway and still helped those in need.