

Stephanie Duque

Nursing Diagnosis:

P: Ineffective Breastfeeding

E: r/t: infant inability to latch on nipple correctly

S: Infant respondent to rooting after feeding shows signs of hunger, crying and fussiness, missed feeding schedule for more than 4 hrs.

Patients Initials: J.A

Date: 2/1/23

Admitting Diagnosis: Vaginal Delivery

Expected Outcomes	Nursing Interventions	Rationales	Evaluations
The patient verbalizes and demonstrates two techniques to manage breastfeeding problems throughout the hospital stay.	1 Assess breast and nipple structure. 2. Refer to a lactation consultant. 3. Educate mom on how to massage nipples and alternate breasts when breastfeeding. 4. Evaluate and record infants feeding times. 5. Assess physiological factors of mom that may contribute to ineffective breastfeeding. 6. Assess infants suckling and swallowing patterns.	1. Early detection of any anomalies will help for successful breastfeeding. 2. Lactation Consultant will help mom meet breastfeeding goals. 3. Breast massage can enhance the flow of milk, and infants should breastfeed from both breasts during feedings. 4. Recording an infant's feeding time will give mom an understanding of the breastfeeding schedule. 5. A moms attitude towards breastfeeding is important for successful lactation. 6. Assessing an infant's swallowing is important for successful lactation.	The goal was met; The patient demonstrated two techniques such as massaging the nipple and recording feeding times within 2 hrs of patient education.

References

Ackley, B. J., Ladwig, G. B., Makic, M. B., Martinez-Kratz, M. R., & Zanotti, M. (2020). Nursing diagnoses handbook: An evidence-based guide to planning care. St. Louis, MO: Elsevier.