

**Alliance University
Postpartum Assessment**

Student Name Stephanie D Date of care 1/27 → chart
 Patient's initials J. A Age 22 Marital status S LMP 2/23 EDC 1/24/22
 Gravida/ Para 1/1 TPAL 1001 Blood Type O+ Allergies N/A
 Date, time and type of delivery 1/25/23 12:24 Induction/ Augmentation 1
 Complication N/A EBL _____ Anesthesia epidural
 Religion unknown Educational level N/A Occupation Full-time worker

Medications

Medication name	Dose/ Frequency	Use/ Action
SynThroid	25mcg	hypothyroidism
Ampicillin	X 7	GBS

Assessment

Vital Signs: Temp 97.6 Pulse 63 Resp 18 BP 108/65 O₂ 100%
 sat _____
 LOC/orientation Axix4 Activity Moderate
 Pain (scale, location, etc) 7/10 abdomen, 7 tender in calves

Skin
 Color tan texture dry turgor: good poor
 integrity intact variations N/A
 IV- location, fluid & rate N/A

Chest- Respiratory/ Cardiovascular
 Breath sounds No adventitious Heart sounds: S₁ S₂ murmurs: N/A
 Other sounds
 lactating nonlactating
 Breasts: soft filling in firm engorged
 Nipples: erect flat inverted
 intact impaired: sore red blistered cracked bleeding
 Notes _____

GI/ Abdomen
 Diet Normal / Regular BS: normoactive hypoactive absent
 Diastasis recti: absent present Hemorrhoids NO
 Incision: None
 Type: transverse vertical umbilical
 Closure: staples sutures steri-strips
 Condition: approximated redness swelling discharge other _____
 Dressing: _____
 fundal assessment: firm boggy firm with massage
 midline displaced: right left
 Fingerwidths/ fingerbreaths: 2 Finger below umbilicus

Genitalia
 Perineum: intact episiotomy laceration/ repaired: 1° 2° 3° 4°
 Extension _____
 Condition: approximated redness swelling discharge other tender
 Lochia: color Scant amount Serosa odor N/A
 Note: _____

Extremities
 Varicosities N/A pedal pulses T2 homan's sign (+) Negative
 Edema: none non-pitting pitting: 1+ 2+ 3+ 4+
 thrombophlebitis

Elimination
 Voiding pattern: normal incontinence distended catheter type: _____
 Last BM 1/26/23 constipation diarrhea hemorrhoid

Psychological
 Stage: taking in taking hold letting go
 postpartum blues history of depression history of psychiatric diagnosis
 Edinberg depression scale score _____
Bonding
 Describe interaction between mother and infant
Mother was not interacting that much with infant.

Client Education Topic	Patient verbalize or demonstrate understanding or needs reinforcement	Additional information
We educated the importance of breast feeding and showed her techniques to produce more milk	Patient verbalized she will do these techniques to help her produce more breast milk.	
Additional Comments: _____		

