

Reflection Journal 3: Experiencing the “What Ifs” The Anticipation Stage

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a. What was the focus of your internship work this past week?

The focus of my internship for this past week was to create a brochure for an event my internship supervisors will be hosting. In addition, creating a flier for the same event.

b. What was the focus of supervision, and what was your role in it?

The focus of the supervision was to discuss how the brochure and flier should entail. In addition, my supervisor taught me how to scale pictures and add text properly, so when the brochure and flier print out everything will be visible. My role was to create the brochure and flier for the March 24, 2023, event. Furthermore, I had the liberty to choose the design and allow my creative skills to flow.

c. What insight did you develop about yourself in your role as an intern?

An insight I develop about myself is that it's okay for me to not have an answer to everything. I learned when my supervisor asked my questions in relation to social work, Christianity, and community development, the purpose of his intent is to help me critically think. When my site supervisor asked me questions, I assumed I needed to know the right answers, however that is not the case. His questions challenged me, and caused me to ponder on how social work can be more engaged within the community. In addition, how I can be more engaged in the community I live in as well.

d. What was the most critical moment of learning during the past week?

i. Why was it important to you?

ii. How did it affect you? Your internship?

iii. How might it affect your work in the future?

The most critical moment of learning this week was being patient when there's miscommunication. While working on the brochure, my site supervisor sat down with me to

review the brochure. My site supervisor wanted to work on the cover page, however I was not able to work on the cover page because the system does not allow me to copy and paste images. I informed him he would have to send the images to me so I can download it then upload it to the system. My site supervisor was a bit fixated on the cover page, but then realized it needed to be postponed. I was feeling annoyed in the beginning because I don't my site supervisor was listening to me, however once he understood the issue, I felt relieved. This moment was important to me because when I know I am right about something, I can get frustrated when someone is not listening to what I am sharing. I learned there will be miscommunication at times, so I have to take a deep breath and be patient even when someone does not understand what I am saying. Learning to be patient when miscommunication arises, during my internship caused my site supervisor and I to create a new plan and approach the situation differently. In regard to me, it caused me to not let my frustration get the best of me, not quit, but work with my supervisor and solve the problem together. In the future, being patient during miscommunication can help me be humble, rethink my approach, and be compassionate towards others in the work environment.

e. What will be the focus of your work this coming week?

The focus of my work this upcoming week is to prepare for the dedication service of the new program called C4. We will be hosting the event in the music room, and we will be praying, worshipping, and sharing what is C4 themes and values to Alliance University social work students and alumni. In addition, to remind myself to be patient when conflict and/or miscommunication arise.