

Nurse Dx:

Risk for Infection: related to break in first line of defense secondary to C-section incision site.

S/S: none

Expected Outcome

- The mother will be free from infection during her hospitalization.

Past Medical/Surgical History

Mother: Previous C-section deliveries.

- G:5 P:4 and TPAL (4,0,14)
- Newborn: loose nuchal cord

Nurse Dx:

Acute Pain: related to tissue trauma secondary to C-section.

S/S: facial grimace, sharp pain (8 out of 10), unable to sit up on her own.

Expected Outcome

- Mother will not exceed pain of a 4 (scale of 1-10) throughout her hospitalization.

Interventions

- 1) Encourage proper hand hygiene technique.
- 2) Assess the mother's nutritional status, consider the weight before pregnancy and prenatal weight gain.
- 3) Inspect the incision site every 4 hours for s/s of infection.
- 4) Assess lochia discharge for amount, color and odor.

Evaluation: Goal was met. Mother was free from infection up until discharge.

Medical Dx: C-section delivery

Dx Tests: Sonogram

Assessment:

- Breast exam: heavy, tender and full
- Blood Pressure (128/73), MAP 110/70
- Homan's Sign (negative)
- Diastasis Recti (undetected)
- Suprapubic Region: Transverse Incision, sutured, and elicits pain.

Interventions

- 1) Monitor patient for any signs such as tachycardia, hypertension, or increased respirations every 4 hours.
 - 2) Teach and demonstrate proper relaxation techniques such as deep breathing exercises and massages.
 - 3) Encourage adequate rest periods while her baby is sleeping.
 - 4) Provide narcotic medication as ordered.
- Evaluation: Goal unmet because the pain is an ongoing assessment. Patient was Day 1 at this time. (Forgot to reassess the pain).

Nurse Dx:

Deficient in Knowledge: Infant Feeding

Related incorrect latch and mother stating that she didn't have enough breast milk.

S/S: poor latch, "tongue-tie", poor sucking, incorrect breast-feeding statement

Expected Outcome

- The mother will effectively demonstrate proper breast feeding to her infant during hospitalization.

Interventions

- 1) Demonstrate and provide hands-on assistance with breast feeding positions.
 - 2) Encourage their significant other to support and assist her during
 - 3) Refer the mother to a lactation consultant.
 - 4) Motivate the mother to have a skin-to-skin attachment.
- Evaluation: Goal was met.
The mother demonstrated proper breast feeding throughout hospitalization.

Medications

Mother:

1. Famotidine tab 20mg
2. Enoxaparin 40 mg
3. Ketolorac 30mg/mL
4. Oxycodone -acetaminophen 5-325 mg per tab
5. Diphenhydramine 50 mg/mL

Newborn:

1. Erythromycin 5mg/g
2. Hepatitis B vaccine 0.5 mL
3. Phytonadione (Vitamin K) 1mg/0.5 mL