

Charleny Genoval

SWK 658

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Our group was facilitated by Jazmyne who played the role of the social worker. We discussed the psychodynamic approach and incorporated it into the group in which participants were dealing with family-related issues. The group had a very disruptive participant (me) who needed constant redirecting. Jazmyne did very well at making everyone feel comfortable, heard, and respected. She had a method of sharing our highs and lows and was very good at addressing things that were not said by each one of us with the effort to dig deeper into their problems and the things that we shared.

During the time when Roberta shared her internal issues with her relationship with her mother, I interrupted her to ask her a question and Jazmyne showed her competency and nicely redirected me and asked Roberta if she was comfortable answering. Jazmyne ensured that the group maintained its flow despite the interruptions and avoided confrontations or for the group to become hostile. One thing that stood out to me is that despite my constant interruption, Jazmyne took my past trauma and used that to point out my strengths rather than focusing on the fact that my actions were not correct. In the concept of free association, Jazmyne often asked us or sought our opinions to have an idea of the meaning of what was shared by each individual.