

**Alliance University
Postpartum Assessment**

*OK for
blanks - 1st day*

Student Name Doniel Cedeño Date of care 1/20/23
 Patient's initials KE Age 35 Marital status married LMP 1/1 EDC 1/15/23
 Gravida/ Para 2/1 TPAL 1 0 1 1 Blood Type _____ Allergies none
does not match
 Date, time and type of delivery 1/15/23 Induction/ Augmentation _____
 Complication preeclampsia EBL _____ Anesthesia none
 Religion Catholic Educational level _____ Occupation _____

Medications

Medication name	Dose/ Frequency	Use/ Action

Assessment

Vital Signs: Temp 98.2 Pulse 120 Resp 20 BP 127/86 O₂ sat 99%
 LOC/ orientation A&O x4 Activity none
 Pain (scale, location, etc) none 0

Skin
 Color normal to ethnicity texture regular turgor: good poor
 integrity normal variations _____
 IV- location, fluid & rate none peripheral IV right hand (back) ← 1 day
IV fluids?

Chest- Respiratory/ Cardiovascular
 Breath sounds _____ Heart sounds: S₁ S₂ murmurs: _____ Other _____
 lactating nonlactating
 Breasts: soft filling in firm engorged
 Nipples: erect flat inverted
 intact impaired: sore red blistered cracked bleeding

Notes _____

GI/ Abdomen
 Diet none *pt is not NPO* BS: normoactive hypoactive absent

no scribbles

Diastasis recti: absent present Hemorrhoids yes
 Incision: None
 Type: transverse vertical umbilical
 Closure: staples sutures steri-strips
 Condition: approximated redness swelling discharge other _____
 Dressing: _____
 fundal assessment: firm boggy firm with massage
 midline displaced: right left
 Fingerwidths/ fingerbreaths: 6 finger widths ? 6.

Genitalia
 Perineum: intact episiotomy laceration/ repaired: 1° 2° 3° 4° Extension _____
 Condition: approximated redness swelling discharge other open wound
 Lochia: color _____ amount scanty odor none
 Note: _____

Extremities
 Varicosities none pedal pulses equal bilaterally homan's sign negative
 Edema: none non-pitting pitting: 1+ 2+ 3+ 4+
 thrombophlebitis

Elimination
 Voiding pattern: normal incontinence distended catheter type: _____
 Last BM constipation diarrhea hemorrhoid

Psychological
 Stage: taking in taking hold letting go
 postpartum blues history of depression history of psychiatric diagnosis
 Edinberg depression scale score _____

Bonding
 Describe interaction between mother and infant

Client Education Topic	Patient verbalize or demonstrate understanding or needs reinforcement	Additional information
hemorrhoid	patient understands education	inc high fiber diet
perineal wound care	patient understands education	Sitz bath, warm water cleanse, pat dry
	understands is not	measurable

Additional Comments:
demonstrates
verbalizes
states
identifies.

ambulate
 inc fluids