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The document is a transcript of Elizabeth Bentley's testimony before a parliamentary committee on the working conditions in the factories in the early 19th century. Bentley, who was 23 years old and worked as a doffer in a flax-mill, described her experience of working from 5 in the morning till 9 at night, and even longer hours when the mill was busy. She also spoke about the meager meal times, with only forty minutes allowed for lunch and no time for breakfast or drinking, and the excessive physical labor involved in her job, which involved constant standing and doffing. Bentley also mentioned the fear of being strapped or fined for not working fast enough or being late to work.

Bentley's testimony provides a glimpse into the harsh working conditions that prevailed in the factories of the time, where long hours, low pay, and physical abuse were the norm. Her story is not unique, as many other workers, including children, were subjected to similar conditions. The parliamentary committee was set up to investigate these conditions and to propose reforms that would improve the lives of the workers. The document highlights the need for better working conditions and protection for workers, as well as the need for stricter regulation of the employers.