

1. Identify examples of you-language in this conversation. How would you change it to I-language?
 - Some examples of you-language would be as soon as Bernadette felt the rage coming and decided to act on it by saying “You shouldn't do that. You make me nuts the way you just throw your stuff all over the room.” Another example would be when Bernadette said “No, you didn't. You dropped your bag right in the middle of the room, and you kicked your shoes where they happened to fall without even noticing how messy they look. And you're right - that is what you do every day.” In pretty much every statement Bernadette gave she used *you-language*. The way that I would have approached the situation in a more peaceful and less attacking way would be to say something along the lines of “Hey Celia how was your day, are you stressed out you look exhausted?” This is a nicer way to greet someone who just walks in the door because something might be going on. Now we know how to go about expressing how we feel. If she replies with “my feet are just tired” or something of the sort I would reply with, “I just straightened up the room today so we can have a clear space after you rest a little do you mind grabbing your stuff off the floor?” I believe this is a more subtle and calm approach than just spilling your emotions onto someone.

2. Identify examples of loaded language and ambiguous language.
 - I believe that Bernadette's first comment on Celia being messy was a good example of ambiguous language because I feel it was just a vague angry statement and also might have been exaggerated due to heightened emotions. Her comment “You make me nuts the way you just throw your stuff all over the room.” To Celia she's definitely going to feel that Bernadette is exaggerating because this situation has not been brought up and now it has been but in a very big way. I believe the biggest example of loaded language is going to be when Bernadette said “No you didn't. You dropped your bag right in the middle of the room, and you kicked your shoes where they happened to fall without even noticing how messy they look. And you're right- that is what you do every day.” I believe that this whole little scenario that she explained to Celia was over dramatic and over explained.

3. Do you agree with Celia that the problem is Bernadette's not hers? Explain your answer.
 - I believe that Bernadette's problem and Celia's are two different problems. I believe that Bernadette has some sort of control issues or maybe OCD. I believe that Celia's problem is that she just needs to learn to straighten up from time to time. Not even necessarily clean everyday but just make sure things are decent looking and considerate to the other people in the room.

4. To what extent do Celia and Bernadette engage in dual perspectives to understand each other?

- I do not believe they tried to truly understand each other. I believe the whole conversation was full of attacking and Celia feeling she had to just defend herself most of the time also trying to understand where Bernadette's frustration was coming from. The only time it could be seen as if they were trying was when Celia asked "Since when? This is the first I've heard about it." In which she is trying to understand where all of this anger and frustration was coming from. Other than that this whole conversation was handled the wrong way. Bernadette can't expect to be heard when she started attacking Celia as soon as she sits down and makes a mistake. Celia also can't continue to be messy knowing she has a clean roommate. Her mess will stand out.