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Febraury 21st, 2023

While reading through chapters 1 through 14 in “Experiencing God Through Prayer” by Jeanne Guyon , I sat in silence at the end of each chapter, in order to be in the presence of the Lord. I committed myself to journaling what I sensed in the time of the quietness with the Lord. The first chapter “Thirsting for God”really relieved some of my anxiety about Prayer. I understand Prayer to be the most powerful time with God himself. This being, the closer I am to God, the closer God is to me. Chapter One disclosed to Pray without ceasing ( 1 Thes. 5:17) and give my heart to God. As I sat in the quietness with God I sensed the spirit asking me to recite Psalm 23 .I could sense that God was with me and I was in his Presence. After reciting Psalm 23 and sitting in his Presence for 8 minutes, I continued to write in my journal. Looking back on this entry in my manifesto with God himself, I believe still I was with God and God was with me in that time of silence. I called on the Lord to be present and he showed up, what I wrote next in the journal is pretty astonishing altogether. I said I was relieved through reciting the Lord's Prayer. I felt my anxiety lift and a warm blanket of abundant love wrapped around my heart. I had felt invited to be in the presence of God.

Another inviting experience I had with God, looking back on my journal entry, was continued after reading chapter 7, in “Experiencing God Through Prayer”, Titled “ The Bitter and The Sweet”. This chapter talks about patiently waiting with God and mentions Proverbs 27: 7. It says “ To the hungry soul every bitter thing is sweet”. The paragraph continues on in the

book to say that we should give up suffering to the Cross because then we can be with God. Again during my quiet time with God I was in his presence. This time in the quiet 8 minutes spent in silence I sat there thinking about the sincere love that Jesus has for me. I wrote in my journal about how I should be less selfless and really be bringing my needs and wants to Jesus. I wrote some of them down in my journal. What I would like to bring to God and surrender to him, waiting patiently for his timing, is what I should do with my job options after school. I also wrote a Prayer talking to Jesus. It Says, Lord, grant me the strength to gain the knowledge I need to go forth in this world and perform the tasks and duties, laid out before me, prepared by your hands. Amen. I like to look back in my journal and reread my God sent entry's. I believe that by reading my entries I can sense God being with me close.

Further through the book " Experiencing God Through Prayer" by Jeanne Guyon, Chapter eleven titled " Entering into effortless Prayer.", portrayed to me an outlook on prayer. This chapter really spoke to me about God's love that he has for me because it addresses that I could be seeing God's will more or sensing him, with that said as I look back on my journal entry I can see God. As I sat there in silence what came into my mind was Joel 2:12-13. " That is why the Lord says, Turn to Me now, While there is time. Come with fasting, weeping, and mourning. Return to the Lord your God, for He is merciful and compassionate, slow to get angry, and filled with unfailing love, He is eager to relent and not punish." What I felt next was God speaking to my heart in my journal entry. God spoke to my heart saying " You have come so far, don't give up, don't give into temptation, Ask the Holy Spirit to give me strength when I need help, He is amazing, and has faith in me." Amen. I was very thankful for feeling the presence of the Lord and having this scripture in my heart.

For example, I perceive my time spent with to be a special time and not something to just be thrown to the wind after. I am very appreciative about the words laid on my heart during these moments. Sensing God after reading chapters 1 through 14 in “Experiencing Prayer with God” and Journaling is a wonderful, fulfilling experience. On another note about my journal with God, something that I have been pondering, is that perhaps I can not go back and change things in my Journal with God. What I can do is that I can go forward with the very things that I have felt and heard in my heart. I know in my heart that I can not knowingly dictate what God’s will is for my life, but the only thing I can do is wait for Him. However, knowingly choosing to follow Jesus and his way and to be cleansed in a drop of his blood for the redemption of my own sins is a blessing. I know I am only here today to follow into the Kingdom of heaven with the covering of Christ himself. Therefore I am a daughter of God and blessed with his Grace.

In the context of chapter twelve the reading is titled “ Remaining Quiet in God’s Presence”, there is a scripture found there, John 10:27, “ My sheep hear my voice, and I know them, and they follow me.” To me this clearly states the supplemental foundation needed to remain active with God. It is clear to me after reading this chapter that when I feel the need to be quiet and wait on God that I am doing the correct standard. I believe that If I show God my true self and don't omit even the terrible experiences, meaning if I share everything with God, I can be awakened to his Presence and follow him in his ways. This chapter is another inviting experience after reading.

Alltogether, the view portrayed to me in the book “Experiencing God Through Prayer” , is to seek God, through Prayer, patiently wait, staying humble to meet him in quiet moments. I believe this is a time to thoroughly seek God out in order to have a lasting relationship and

history with God. Also in order to have a selfless view and understanding of what God would have for me in my life.