

Alex Camilo

Wednesday, February 22, 2023

Professor Diggs

## Guyon Response Paper

During my time of stillness, I sensed the Lord's presence in a peaceful and calming way. I felt like He was speaking to my heart, reminding me of His love and care for me. I also had a sense of gratitude for all the blessings in my life, and a desire to deepen my relationship with Him through prayer and worship. As I sat in stillness, I noticed my mind starting to wander and become distracted. But I was able to gently bring my focus back to the Lord and His presence with me. I also felt a sense of release as I surrendered my worries and concerns to Him, trusting that He is in control and will provide for me. Overall, my time of stillness was a refreshing and rejuvenating experience. I am grateful for the opportunity to connect with the Lord in this way and look forward to continuing to practice stillness and listening for His voice in my life.

My next time of stillness I sensed the Lord's presence in a powerful and transformative way. I felt like He was revealing areas of my life where I need to let go of control and trust in Him more fully. I also had a sense of conviction about some of my attitudes and behaviors that are not aligned with His will for me. As I sat in stillness, I noticed a deep sense of peace and contentment settling over me. I felt like I was being embraced by His love and grace, and that He was drawing me closer to Him.

I also had a sense of clarity about some of the things He is calling me to do in my life, and a renewed sense of purpose and direction. Overall, my time of stillness was a challenging but rewarding experience. I am grateful for the ways in which the Lord is working in my life and look forward to continuing to grow in my relationship with Him.

I felt like He was reassuring me of His love and faithfulness, and that He is always with me no matter what I am going through. I also had a sense of gratitude for the ways in which He has blessed me and provided for me in the past. I noticed my mind becoming quieter and still. I felt like I was able to let go of some of the distractions and worries that usually fill my thoughts and just be present with the Lord. I also had a sense of awe and wonder at His majesty and power, and a desire to worship Him more fully. My time of stillness was a peaceful and restful experience. I am grateful for the opportunity to connect with the Lord in this way and look forward to continuing to make time for stillness and listening for His voice in my life.

I sensed the Lord's presence in a challenging and convicting way.

This chapter I felt like he was bringing to light some areas of sin in my life that I need to confess and repent of. I also had a sense of gratitude for His forgiveness and grace, and a desire to live more fully in His righteousness. As I sat in stillness, I noticed my heart becoming more open and receptive to His leading. I felt like He was speaking to me through His Word and through the stillness, guiding me towards His will for my life. I also had a sense of humility and surrender as I acknowledged my need for His guidance and direction.

This chapter helped my time of stillness to be a humbling but necessary experience. I am grateful for the ways in which the Lord is sanctifying me and drawing me closer to Himself.

During my time of stillness, I sensed the Lord's presence in a comforting and reassuring way. I felt like He was reminding me of His promises and His faithfulness, and that I can trust Him even during uncertainty and difficulty. I also had a sense of peace and rest as I surrendered my worries and fears to Him. As I sat in stillness, I noticed my breathing becoming slower and steadier. I felt like I was able to let go of some of the tension and stress that I had been carrying, and just be present with the Lord. I also had a sense of joy and gratitude as I reflected on the blessings in my life and the ways in which He has provided for me. Overall, my time of stillness was a refreshing and renewing experience. I am grateful for the opportunity to connect with the Lord in this way and look forward to continuing to make time for stillness and listening for His voice in my life.

In Conclusion, the book of Experience God Through Prayer helped me become the closest to God I have ever felt. It was almost like I was having personal conversations every week with God when I would take the time to sit in silence and be still.