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NUR392- Clinical
Nursing of Children and Adolescents Clinical

Journal 4

- a. A short summary of your clinical experiences that week (20 points)

A short summary of this week's clinical experience was being to assess my patient from a previous week I forgot to write about in order. I was able to get a report from my nurse and get tips on my SBAR report, as well as attend to my patient in assisting with medication, vitals, and ADL's. Due to his condition he was unable to feed himself or even adjust himself so repositioning is essential as well as attending to him because he may want to have his phone or the tv remote, so its important to help him.

- b. A discussion about the greatest challenge you experienced during the clinical day (15 points)

The greatest challenge experienced in clinicals was being able to attend to my patient and assisting my nurse with her other patients. While maintaining a safe but fast pace environment to ensure the best care is given. This week was pretty slow considering my patient was getting discharged, but I was still able to assist in care and have needed documentation. As well as assisting with other patients while my patient had care already given whether it was the physical therapist, or the doctor.

- c. Self-reflection on areas of personal, spiritual, and professional growth for the week (15 points)

Spiritual and professional growth for this week is being able to attend to my patients and being able to connect with him on a personal level. He was being discharged so that was very exciting and he was happy about that. As well as all the nurses and care team was excited for him to go home, but sad for him to leave because he made such an impact.

- d. Your greatest accomplishment of the week. (10 points)

My self-reflection areas of personal growth was being able to attend to my patient in having his vitals done and reporting them to the nurse, as well as assisting with his eating so she can attend to her other patients. I was as able to recall where the kitchen is for patients and where to get their special requests from, and checking with the nurse of course to ensure it okay to give. I was able to prepare a SBAR report as well as have a handoff report ready to practice at post conference.

- e. A self-evaluation of the technical skills performed that week (10 points)

My self-evaluation of technical skills was being able to recall where special materials are, and assisting a nurse in a contact room who needed material but didn't want to do and do all over again. As well as remembering how and where the patients information in the charts are, because the systems are a bit confusing.

- f. Self-evaluation of interpersonal communication skills with clients, family members, staff, faculty and other students. (10 points)

Professional growth and interpersonal communication skills with clients, family members, staff, faculty and other students as well as identified areas were effective and engaging. I was able recall certain names, yet I am still learning all the staff and CNAs and nursing student assistants as well. I was able to confidently engage with my patient as well as report to my nurse. I was also confident in performing skills and handing equipment needed.

- g. Areas identified for improvement in subsequent clinical experiences. (10 points)

Area identified for improvement in subsequent clinical experiences was not being able to attend to my patients after a certain hour due to them going to school, but this week my patient was not going to school, instead he was getting discharged. So that made it challenging to attend to him while not smothering him with care because he did want to be left alone after the care needed was already provided. So areas identified for improvement is attending to other patients and assisting in care, while managing to have documentation and all care needed for my patient to be provided prior.

- h. At least one scripture reference used as meditation that assisted you with meeting clinical goals this week. Reflect on the application of the scripture reference to your clinical experience.

Bible Verse:

Isaiah 53:4-5: Surely he has borne our grief and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds, we are healed.

This verse resonates with me during clinicals in helping those in need and being reminded that not just through the care we give them helps heal them but God as well. In helping those who are religious and those who are not, and seeing if they are open to religion or not? Assisiting those in need is not given through just physical care, but as well as assisting and attending to the mind, body and spirit.