

Individual Family Development

Homework Week 5

Dr. Wells

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I agree with **Worden** that active emotional coping is a better way to cope with grief. We pass that process when we suffer an ambiguous loss in my family. My dad died of Alzheimer's at 89; we had managed the loss redefining his beautiful years with us. When somebody started to cry, we aloud, for a little more than one of us, told a joke about him, how he used to make us laugh, and how much he loved my mother and us. We talked about my dad and how he always wears his hat and pants above his waist. I remember that one night my nephew dressed like him. We laughed and cried at the same time. Daddy had forgotten our names anymore, but he always asked us for kisses and hugs. We remember that too. Accepting and not avoiding that he left us but one day, we will see him again helped us to cope and endure grief. The belief that we will be reunited for all eternity helped us during my mother's sorrow five years after daddy passed.

Journey Across Live Spain brought great remembrances to my boy's childhood. How true that at the age of six to seven, children like to help you bake cookies but leave you in the middle for you to finish; my boys did that many times. Also was a waste of money all those five years learning piano that they heated and did not learn. On the other hand, their best friends are still the same after twenty-seven years. Wearing their helmets and the seat belt was a fight that was worth

enduring. Timmy, at nine, and David, almost eleven years old, were more excellent summers, and they knew all the names of their care collections.

Grief and Loss Across the Lifespan bring the truth about the spiritual development of children; between six and eleven years old. The child will learn to pray, sing in the church, and develop a relationship with God, which will teach a child to find comfort and express desire. Additionally, it will help them when they need to deal with a loss of a loved one. We had that experience in our family. The Bible tells us that as parents, we must teach our children how they should have a relationship with God. That will bring security, love, and self-worth into these early years of life.