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Professor Lux

ENG 364

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**In Fox**, - read ch. 3, “Poetic Tools for Your Healing Journey” (58-91). Do the exercise on page 64, on simile. Do exercises 1 and 2 on page 68, as well.

**Exercise: Simile-Making Connections in Your Daily Life**

The title “accounts payable” means so much more to me now than it ever used to.

I didn’t think of that title,

or the responsibilities that come with it

until it was randomly given to me to try out.

The pressure of the responsibility is

like that of a dam.

The dam keeps the water in the reservoir,

and I am in charge of making sure that there are no cracks,

that every corner of the wall is inspected.

The pressure of the water against the wall

is the pressure I feel on a daily basis to get things done.

Normally I am able to handle the pressure,

but doesn't the pressure of the water get denser

when more water is added in the reservoir?

My work does not take into account

how many hours I have in my day to finish it.

The due dates of each bill do not take into account

the lack of time or money one might have to get them paid.

When my superiors take on responsibility of new properties

they don't take into account the extra work Chelsi will have to do.

They add water to my reservoir and expect me to keep the dam intact.

Page 68, exercise #1:

<p>Work:</p> <ul style="list-style-type: none"> <li>• Overwhelming amount of work</li> <li>• Overworked</li> <li>• Deadlines</li> <li>• Lack of help where needed</li> <li>• Pressure</li> </ul>	<p>When I get overwhelmed by my job I try to remember to be grateful. There was a time where no matter how hard I tried I could not find a job anywhere. Work might be hard but it is a step up from my last employment, I am paid more in my current job and am able to have a place to live because of my job.</p>
<p>School:</p> <ul style="list-style-type: none"> <li>• Lack of motivation</li> <li>• Overwhelmed</li> <li>• Pressure</li> <li>• Difficult to balance out in my life</li> </ul>	<p>I struggle juggling school with my everyday life because of the responsibilities I have as a wife and as a main source of income but by managing my time more effectively I will be able to prosper in life once I achieve the career path I have chosen.</p>
<p>Marriage:</p> <ul style="list-style-type: none"> <li>• Lack of interaction due to school and work taking a majority of my time.</li> </ul>	<p>I will be done with school soon and by managing my time more effectively I can be on top of my work and also have time to spend with my husband.</p>
<p>Faith:</p> <ul style="list-style-type: none"> <li>• Miss church services because they interfere with my school work, the pastors put responsibilities on me even</li> </ul>	<p>God is my priority and by managing my time even though I won't be able to attend every single church service of the week I should still be able to attend church and I should</p>

after I asked not to have any since I am currently in school.	specify the importance of school to my pastor and the fact that I am almost done.
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Page 68, exercise #2:

I would love to live on an island and be away from all of the technology and the expectations society has of everyone. I am twenty-four years old, and it has passed by me like a breeze. I have not felt alive for that long because I am always thinking into the future, which is something I think we have become accustomed to in this day and age. Everyone is always thinking about the future but not living in the present. Living on an island would make me live in the present, even if it is difficult or different I won't have a choice and would eventually grow to enjoy it.

Works Cited

Fox, John. "Heart, Who Will You Cry Out To?" *Poetic Medicine: The Healing Art of Poem-Making*, Jeremy P. Tarcher/Penguin, 1997, pp. 58-91.