

Spendlove Ayayee

NUR 292 Clinical

### Journal #2

My clinical today was another great experience, I had an 46-year-old transgender patient who was in the hospital for neurological problems and he can to the hospital be he had some slurry speech. He is diagnosed with HIV. He is not compliance to medication. He is alert and oriented times 3. He did not want to be bother at first when I asked to head to toe assessment on him. H always present crying when asked any question. He had EEG monitor for further work up.

My greatest challenge with this patient was that due to him being very agitated it was difficult obtaining his vital signs at the beginning of the shift, he was also constantly trying to get out of bed which made the nurse extremely on alert for falls since he is a fall risk. It was difficult for me to do the head to toe assessment

My greatest accomplishment was that I was able to make the patient's bed after the nurse took him to the bathroom, also I was able to obtain his vital signs as he calmed down and became more approachable. He was much more pleasant in the afternoon and slept a lot. The patient's agitation was not towards the people around him It is very important for nurses and other healthcare members to understand that sometimes it is not a personal attack but just what the patient might be going through that causes them to present as if they are a challenge to care for but, but it has to do with them more than it has to do with who is caring for them. I was able to do bed bath for him.

Psalms 147:11 says, “The Lord delights in those who fear him, who put their hope in his unfailing love.”