

### Journal Reflection #3

#### Type of group

This week our focus was social workers helping a school worker how to create interventions for a school in Harlem to address the issues of bullying. We decided that we would focus on the bullies instead of the one's being bullied. We felt like this would be a great way to be proactive and a great solution to address the issue at hand.

#### Personal Feelings

This week's group went well. Everyone wore their social work hat and came with a lot of amazing ideas around bullying. There were some great ideas, such as, trauma informed intervention to focus on their own personal trauma, support groups, mentors for the bullies when they finish the group, we spoke about how we would access a bully. We spoke about doing an anonymous survey with specific questions that will help us identify the bullies in the school. I felt like we worked well together, and the group respected everyone. We set rules at the beginning of the group, and everyone respected those rules.

#### The function of the group

Each person was able to speak one at a time, and it flowed well. There were no interruptions because we were all professional. Each person gave insight and perspective, and it was respected and put into the plan. Each person was able to build off of each other, it was an example of great team work.