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During my fourth week of clinical, my assignment was at the prenatal Clinic. When I arrived, the nurses were so welcoming and introduced me to all the nurses and the midwives, medical assistants/phlebotomists. They gave me a tour of the office and explained what they do during a regular day; she sat with me and gave me an idea of what to do. Most patients are Spanish-speaking and needed an interpreter. She told me what they do for a 1st visit when the patient arrives: CBC, Type/screen, RPR, HIV, Beta HCG, etc. During their second trimester of 26 weeks, they have a 1hr GCT non-fasting and a glucose challenge test to screen for gestational diabetes. The patient has a glucose drink of 50G for 1 HR. If it exceeds 200, another glucose fasting test is done in which they are given 100G of glucose for 3 hours; if they fail GCT, they will have to see a nutritionist to discuss their diet. If their GD is not well controlled, a midwife will give a referral to an endocrinologist. She later explained the different types of a sonogram, normal anatomy, detailed anatomy, and limited/targeted, mainly done when they don't see specific organs. The nurse proceeded to show me their different genetic testing screening: panorama genetic testing, non-invasive, and screens for chromosomal disorders. Horizon is a genetic carrier screening based on patient

ethnicity. It has 14 panels to determine if the mom is a carrier of any disease, such as sickle cell, cystic fibrosis, etc., along with the father. She explained IOL, which is an induction of labor using artificial methods. It's performed for a patient who is 41 weeks' gestation and a patient with cholestasis, like for them to deliver before 40 weeks. The nurse let me observe her in the room with a patient, and it was her 1st prenatal visit; she asked questions like when was her first LMP, the patient's EDD, allergies, health problems, STI, depression, etc. The nurse informed her she would be taking prenatal vitamins, the importance of dental cleaning, etc. My greatest accomplishment was understanding and recalling certain things that the nurse was explaining to me because I learned about them during the first couple weeks of maternity class. My greatest challenge was not being able to recall the weeks that certain screenings were done. Some of my interpersonal communication skill was listening to the nurse and the patients making sure I understood and being open to learning new things I haven't yet. Proverbs 1:5 "Let the wise hear and increase in learning, and the one who understands obtain guidance," we can all learn from people by listening and having the desire to learn, and I feel like that's what the nurses were doing.