

Journal 4

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Today's clinical day went bit different from the other days. My partner and I had a opportunity to experience trauma patient at the emergency department. The patient came in with open fracture from an accident due to cardiac arrest. On the site, there were about 15 staffs, all working on different parts of patient's body. The pace of the preparation and monitoring made the scene intense. My biggest accomplishment was providing CPR to the patient for the first time. I was complemented by one of the nurses that my compression had good pace and depth. My biggest regret was not making myself available to help as soon as possible. One of the nurses informed me that if I had the PPE on from the beginning, I would have started CPR from the beginning. This was good lesson for the future. I tend to be observer in the scene since I am still student and I assume that there are not much I can help with patient. However, it makes a difference when I prepare myself to be part of the team and make myself available. I can leave it up to the experienced staffs to delegate the appropriate jobs for me rather than being passive. After coming back to maternity unit, my partner and I completed dyad assessment and documentation.

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” (Isiah 41:10) I pray for the patient's family members who are in grief. I pray for their peace and comfort.

