

Second day of clinical was long, like all of them will be but it was also very exciting. The nurse I was shadowing for that day was fantastic. She was always willing to let me watch what she was doing and also help in anything I was able to. My patient overall wasn't very exciting but I understand why she was 98 years old and on a pureed diet, also very lethargic. The nurse and I were mainly speaking to her son the entire time I was there. I was able to do her vital signs and help the nurse with her morning care. The clinic started to get interesting when the nurse asked if I wanted to watch her give an enema to my patient to help with a bowel movement. I've never seen one done prior, for some reason I was expecting something more than what I witnessed but it was still interesting to see. My main issue was not being able to talk directly to my patient more, she only ever made a sound when she was in pain. For the most part the nurse would go in and check on every 2 hours, because she had to be readjusted every 2 hours. I was able to see how to start an IV but on a chemo patient. Also my patient had a PEG tube and when her water ran out in her bag, one of the nurses was willing to show how to replace it step by step. A bio-ethical issue that I encountered was when I was taking the vital signs the temperature aspect of the machine just wouldn't work, I had to go and get another machine to make sure I was getting my patient's accurate temperature. Another issue was the heating system. My patient's room has to be cool, that is how she likes it but for the first 5-6 hours I was there, that whole floor was very warm and the people in charge of fixing it were having trouble fixing it but they finally got it to a reasonable temperature. Clinicals were exciting for the most part. Tiring but exciting. "Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge Him, and He will make straight your paths." **Proverbs 3:5-6**. This quote will always be a reminder that if you just have faith in the Lord, nothing will be too hard for you to handle in life.