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PMN346 Personal Spiritual Formation (NA)

February 16, 2023

Reflection and Discipline

The thing that is present to me from this lesson, is how an adverse experience can shake our faith in God. Grief can lead us to think that God does not care for us, knowing that He is the only one that can give life and the only one that can take it away. Our faith can be badly shaken, when we are in desperate needs, and we ask Him to remedy the situation and our request is not met. It is at our lowest time in life when we feel God has forgotten or/ and forsaken us. Then the feeling of abandonment intensifies the loss. We feel like we have been given a double whammy. It is natural to feel that way, because if you have a problem and you go to someone who you know can help you, you asked, and it seems like the person has not answer and you feel ignored. A sense of hopelessness will come in. That is the way I felt when our daughter met the accident, lived for nine days, we prayed, called upon the God we know who can preserve life and she still died.

I learn about "drawing back to launch forward" the further you go down, the higher you will rise. It causes us to take a good look at our relationship with God. This is the time we need to use our faith and "even if we do not feel it, we of to know that we are standing on it" This is the time (Proverbs 3:5-6) comes in, "Trust in the Lord with all thine heart and lean not to thy own understanding, but in all thy ways acknowledge Him and he will direct thy path." I learn that we have to yield to the Spirit and to give His experience authority over our own perspective. The lesson says "Healing comes after submission" We also have to let God see how helpless we are, then He will step in to help us. We

must ask also. (Matthew 7:7) says, Ask, and it shall be given to you; seek and you shall find, knock and it shall be open unto you” The result of asking, God will give us a complete healing, a healing of mind, body and soul (Holistic Healing).

The way I will approach the discipline moving forward is by, asking God to build up my faith, that I can trust Him fully, I must learn to submit to Him and trust His judgement and decisions. He knows what lies ahead. The scripture in Matt. 6:8) says “Be not therefore be like them. For your father knows the things ye have need of, before you ask him.” He tells us to pray without ceasing, I will make sure that even when I do not see any possibility of what I ask for happening, I will continue to pray and trust Him. Knowing there is nothing too hard for Him.