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SWK246 – Interpersonal Communication Skills

Professor: Jean Carlton

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Activity 2.1 Mediated Communications Self-Assessment

1. In observing my communication over the course of an entire day my percentage of my time I communicate through mediated channels I would say would be at an 85% daily as I communicate with family, friends, and clients. As far as through face-to-face with clients it the percentage would at 100% as I'm see clients daily Monday through Friday. When it comes to other family (excluding my parents because we live together) and friends the percentage is at about 10%.

2. I'm going with preferring to use email, phone, text messaging, or other mediated communication with family, friends, and clients because its always been my way of communicating with family and friends mostly instead face-to-face communications. It is because I'm always so occupied with being a mother, working full-time, and going to school. I really feel like I don't have the time to have much face-to-face with family and friends. But with my clients being that I work in a childcare I'm able to have communications with parents on daily basis.

3. When I use email, phone, text messaging, and other mediated communication or face-to-face is when necessary or when I need to use it. It depends on the circumstance of having to use these methods of communication. I feel that in using email, phone, text messaging, or text messaging has affected my relationship mainly more with family and friends because as the means are more convenient in communicating it has taken away from having face-to-face communication with

my family and friends. But I feel with instructors, co-workers, or supervisor for me it hasn't affected my relationship at all with them.

4. Yes, in using mediated communications it has been to be used for specific to situation, such as quick conversations, sharing pictures, or avoiding uncomfortable conversations. The impact in having a quick conversation is that in using mediated communication for me I'm able to have a quick conversation with whomever I'm having it with and it's over and done immediately. It feels the same with sharing photos. And as for having uncomfortable conversations through mediated communications the impact of it is that you don't see the individual face or don't have to deal with the emotions face-to-face with the person.