

Brittany Tomala
NUR392- Clinical
Nursing of Children and Adolescents Clinical

Journal 3

- a. A short summary of your clinical experiences that week (20 points)

A short summary of this week's clinical experience was being able to perform vitals on my assigned patient. Despite my nursing providing morning care, I was able to take vitals and assess the effectiveness of the medications my nurse administered during her morning rounds. I was able to perform a Head-to-Toe assessment, performed trach care, and bed bath, and administered medications via G tube, whereas his J tube was for his feedings and water. I was able to acquire all the necessary information for my plan of care and to further assess and understand my patients diagnosis in regards to long-term.

- b. A discussion about the greatest challenge you experienced during the clinical day (15 points)

The greatest challenge experienced in clinicals was being able to attend to my patient even though he was sleeping throughout the whole shift. Despite sleeping, the whole shift, I was still able to manage his vitals, administer medications through the G tube, and perform wound care. I was able to also help my nurse in assisting her other patients and providing care for them as well.

- c. Self-reflection on areas of personal, spiritual, and professional growth for the week (15 points)

Spiritual and professional growth for this week is being able to attend to my patient and finishing all the required assessments and needed interventions. As well as being able to assist other patient with their medical assessments, feedings, medications, dressings, bed bath, and changings.

- d. Your greatest accomplishment of the week. (10 points)

My self-reflection areas of personal growth was being able to approach my patient and providing the necessary interventions needed for his care plan. As well as having all the necessary information needed for documentation and for my report. I was able to perform trach care on patients from previous weeks and building a stronger relationship so that I am able to provide the best care possible.

- e. A self-evaluation of the technical skills performed that week (10 points)

My self-evaluation of technical skills was being able to recall my memory of how to use the vital machines and where to find the necessary equipment needed to perform my assessments and interventions. As well as being able to assist other nurses in their care, by

providing their care for their patients such as a nurse was in a contact room and needed a suction kit for trach which I was able to give because I was able to remember where the necessary equipment is. As well as being able to be confident enough to assist and lend a helping hand whenever needed.

- f. Self-evaluation of interpersonal communication skills with clients, family members, staff, faculty and other students. (10 points)

Professional growth and interpersonal communication skills with clients, family members, staff, faculty and other students as well as identified areas were effective and engaging. Being able to communicate throughout the hospital is very easy going and I never find a moment where I am not busy, in which someone is always willing to let me assist or help them watch them perform care and assessments on their patients. As well as giving me background information so I understand before I intervene.

- g. Areas identified for improvement in subsequent clinical experiences. (10 points)

Area identified for improvement in subsequent clinical experiences was not being able to attend more to my patient, despite him sleeping throughout the shift. I was still able to perform all the needed assessments and interventions, as well as have all the needed information for my report. As well as needing to improve in providing care and documenting in a more timely efficient manner.

- h. At least one scripture reference used as meditation that assisted you with meeting clinical goals this week. Reflect on the application of the scripture reference to your clinical experience.

Bible Verse:

2 Chronicles 15-7: Be ye strong therefore, and let not your hands be weak: for your work shall be rewarded.

This verse resonates with me during clinicals in helping all those patients in need and doing it because they are in need, not for the reward. This really resonates with me because clinical is a time where I find myself enjoying myself, by simply helping others doing simple tasks, and wishing for more time there and to assist in more tasks.