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CLINICAL JOURNAL DAY TWO

My second day of clinical was full of activities. My day's activity kicked off at 8 am with nurses giving a kind of situation report about the conditions of patients assigned to them. From this morning's reports, I learned the importance of paying attention to details on any assignment given to you. They talked about the progress these patients are making in their recovery. What they feel about each of them, and what interventions that may help them recover fully.

I was assigned to a male patient who was bed bound. I never knew the extent of his illness until the nurse in charge came to check on his indwelling catheter. I felt really emotional after seeing how bad his condition is together with the number of assisted devices on him. I assisted the nurse in giving him a bed bath and cleaning his table after the meal. I also assisted him with the "Range of Motion" exercise, and he verbalized feeling more comfortable after the whole procedure.

My experience this day was like a kind of lesson to me. During the bed bath, the nurse discovered that the dialysis tubing was not flowing as expected, and in the process of trying to check what could have blocked the tube, there was a flash of water and blood on us. This keeps me in a kind of mixed feelings, could this be contagious or not? I now know better, the importance of using a face shield in a situation like this whenever I am assigned to a patient that has these devices.

One other task that I was very happy about is that my supervisor gave us training on how to give medication. I only read about these procedures, but this day, I was able to do the practical aspect of given drugs which seems different from what we read in the textbook. I felt happy after that. I know, I am not going to learn everything in just one day, but with my dedication, and following instructions from my instructor, I believe, I am going to learn a lot before the end of my clinical. Finally, I was able to look up on the internet the indications of all the drugs I administered that day together with their side effects. This gave me an idea of what to look out for or what to monitor as the side effect of that drugs on my patient.