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Policy Position Paper

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Should the government guarantee housing for people who are homeless?

As human beings we all deserve the right to feel comfortable and safe. For many people it's an essential need to have a roof over your head. The topic that I choose to discuss for this paper is "should the government guarantee housing for people who are homeless? ". Yes, I defiantly believe that the government should guaranteed housing for people that are homeless. My reasoning for this varies. For instance, housing contribute to a person overall well-being, physically, mentally, and emotionally; and without shelter can negatively impact a person life.

Being in a position where a person has suffered due to their environment can create a resentful person or group. To be in a position where you have to do whatever you can to survive, this state of mind can mentally put a person in a place where they willing to behavior aggressive towards society; for instance, when a cat is boxed in a corner, their naturally fight or flight reaction is to scratch their way out; which is the same natural reaction that makes criminal commit crimes; some of the beautifulness people you can ever meet is in prison, most of the time not by their radical humanize intentions, but by how society nurture the people can make the people to become aggressors against the law, they had to do what they had to do to survive. According to Mcleod, S., "Deficiency needs arise due to deprivation and are said to motivate people when they are unmet. Also, the motivation to fulfill such needs will become stronger the longer the duration they are denied. For example, the longer a person goes without food, the hungrier they will become. "We are a product of our environment.

Physical self-care makes up a significant percentage of a human wellbeing. The need for shelter is a human necessity. The same as the body need water to survive, humans need shelter, because without it can put us at high risk for sickness. The term “ hygiene” are define as practices that’s conducive to maintaining health and preventing disease, especially through cleanliness. For some people, having access to a shower may seem like something that they can live without, or maybe it wouldn’t bother them being dirty or carrying body odor, but when it becomes a health risk, that’s when it becomes a problem, especially for women; females have monthly menstrual cycles that they have to maintained, and if they don’t, then there’s a huge possibility that they can catch vaginitis inflammation, such as Bacterial vaginosis, Yeast infection, or Trichomoniasis.

The weather also plays a major factor in humanity physical battle of survival, The privilege to have access to housing can open the door for many problems to be resolved. For example, New York winters can get very vigorous; and humans is not like reptiles who can quickly naturally adapt their body temperatures to environment change; according to (NIOSH), “When exposed to cold temperatures, your body begins to lose heat faster than it can be produced. Prolonged exposure to cold will eventually use up your body’s stored energy. The result is hypothermia, or abnormally low body temperature. A body temperature that is too low affects the brain, making the victim unable to think clearly or move well. This makes hypothermia particularly dangerous because a person may not know it is happening and will not be able to do anything about it.” Homeless individuals must live like this a on daily basis, which can’t be normal, not having the privilege to shelter can create Physiological problems, such as neglect, for example; imagine someone who’s forced to walk around with wet sox for a full day, it’s

dehumanizing; thank God for those who do donate resources such underwear or winter coats, it may not be a house, but people appreciate the smallest fulfilled need; so imagine what housing can bring to an individual.

Physically not being able to have a roof over your head, not being warm, can make you depress or feel like you not wanted, or cause anxiety. Not having can feel less or a man or woman; it's demoralizing not having a fridge with food; wondering where your next meal will come from. These situations where a person feel like they hit their rock bottom can lead them to self-medicate with drug abuse or even worse, become suicidal. I personally remember being homeless in New York City, it was a challenging experience. I never felt hopeless at this time in my life because I knew God will respond, but I did feel "homeless", which is secular turn we put over people, but being with out housing make life feel really purposeless to you, as if there's no worth for you. Abraham Harold Maslow was an American psychologist who created Maslow's hierarchy of needs, and at the very bottom of his hierarchy pyramid of human needs was the deficiency of emotional needs, and without a human having this radical foundation of basic needs, then the person is unfulfilled.

Physically, mentally, and emotionally plays a major role in the make up of a human wellbeing, so for these argued reasons are why the government should guarantee housing for people that are homeless. We are human beings, and this isn't a dog-eat-dog world, so as law makers, let's find a way that everybody can be firstly comforted as a fulfilled human, so that there can be more of life that's well lived.

Reference

(n.d.). Search The National Institute for Occupational Safety and Health (NIOSH). Cdc.gov.

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<https://www.simplypsychology.org/maslow.html>